

LUST

Bistro & Bakery

POOLHOUSE MENU

SALADS

SEARED TUNA NICOISE

with new potatoes, fresh tomato, olives, crisp sesame beans, poached egg & anchovy vinaigrette

Starter/ Main
105/ 150

CHICKPEA SALAD

with marinated bell pepper, roast garlic croutons, heirloom tomatoes, red onion, Danish feta & herbed-raspberry vinaigrette

Starter/ Main
75/ 105

LUNCH

BAKED WILD MUSHROOM LASAGNE (vegetarian)

wild mushrooms layered between hand rolled porcini pasta, béchamel, spicy tomato ragout, grana Padano shavings & black-cumin oil

130

BURGER & FRIES

coarse ground sirloin patty (200g) OR basil pesto chicken breast (RDW), activated charcoal bun, marinated bell peppers, Colby cheese, shredded lettuce, sriracha aioli & hand cut fries or salad

140

SRI LANKAN CHICKEN CURRY

aromatic boneless curry, served with grilled naan, lime-tomato-salsa, cucumber raita & brinjal pickle

130

PLATTERS

(we suggest any of our wines with the platters)

PLOUGHMAN'S PLATTER

local artisan cheese, charcuterie, beetroot chutney, tomato & sultana compote, preserves, fruit & fresh breads

Single/ Double
150/ 210

CHEESE PLATTER

local artisan cheese, beetroot chutney, Piccalilli, preserves, fruit, fresh breads

Single/ Double
120/ 170

PIZZA

Large(28cm)

Bacon & Fresh sliced tomato
Spinach, mushroom & Danish feta

90/ large
120/ large

DESSERT

BAKED MALVA

traditional malva pudding in a brandy & orange butter sauce, homemade vanilla ice cream & gedat milk

65

VREDE EN LUST WINES

	bottle
ROSÉ	
Jess Dry Rosé (pinotage, shiraz, grenache)	79
BUBBLY BY NATURE	
Sarah (chardonnay, chenin, pinot noir)	169
WHITE UNWOODED	
Anni Sauvignon Blanc	89
Early Mist Riesling	89
WHITE WOODED	
White Mischief (chenin, semillon, pinot gris, sauvignon, viognier, riesling)	89
Viognier	129
Marguerite Chardonnay	150
Kogelberg Chenin Blanc – single vineyard	150
Barrique (Semillon, sauvignon)	150
RED – BARREL FERMENTED	
Red Lady Merlot	95
Malbec	109
Côtes de Savoye (shiraz, grenache, viognier)	109
Lady J Syrah	139
Boet Erasmus (cabernet, merlot, petit verdot, malbec,)	225
Pinot Noir	200

BEVERAGES

Plastic drinking straws are not served standard with drinks to cut down on pollution. Please request a straw from your waiter should you need one.

All coffees are prepared with Terbodore McEspresso blend.

Almond milk available - please ask your waiter -	surcharge 18
Soy milk available - please ask your waiter -	surcharge 15
Cappuccino (single espresso topped with stretched milk)	standard 25 / large 38
Cortado (single espresso cut with equal amount of stretched milk)	standard 25 / large 38
Café latte (double espresso topped with stretched milk)	
Espresso	single 18 / double 30
Macchiato (espresso stained with stretched milk)	single 20 / double 32
Americano (espresso with hot water & milk)	standard 22 / large 34
Iced coffee slush (blended espresso, ice & honey)	large 30
Coffee milkshake	50
Enmasse tea	
Connoisseur (organic rooibos)	23
Green rooibos (unfermented & organic)	23
Black breakfast (Vietnamese black tea)	23
Earl grey (bergamot & black tea blend)	25
Hot cross bun chai latté	
(spiced chai with stretched milk. Caffeine free)	large 35
Red espresso	single 20 / double 28
Red cappuccino	standard 30 / large 42
Belgian dark hot chocolate	standard 36 / large 40
Freshly squeezed (350ml)	45
100% orange	
Pink (grapefruit & apple)	
Orange (carrot, ginger, orange)	
Red (beetroot, carrot)	
Green (apple, winter melon, lemon, cucumber, pear)	
Smoothies	
Banana & oat smoothie (honey, cinnamon, tahini & yogurt)	52
Berry smoothie (mixed berries, yogurt & orange juice)	52

Milkshakes	
Classic: vanilla, chocolate	45
Specialty: blueberry & coconut, red velvet & berries.	48
Mineral sparkling water	(250ml) 18 / (750ml) 35
Mineral still water	(250ml)18 / (750ml) 35
Soft drinks (300ml)	25
Coke, coke zero, fanta orange & crème soda	
Mixers (200ml) Fitch & Leedes	22
lemonade, soda, ginger ale, bitter lemon, indian tonic, pink tonic	
Cordials	6
kola tonic, passion fruit, lime	
Rock shandy	45
soda, ginger ale, lime cordial, bitters	
Smith`s craft ginger beer (330ml) – non-alcoholic	35
lemon, rooibos, turmeric, hibiscus	